

2021

**PROJECT REVEAL:**  
Celebrating the Caregiver in You

**21st ANNUAL C.A.L.M. CONFERENCE**



**Saturday, November 6th, 9:00 AM-4:00 PM**

**USC Leonard Davis**  
*Family Caregiver Support Center*

**LACRC**  
LOS ANGELES CAREGIVER RESOURCE CENTER



## 2021 C.A.L.M. CONFERENCE

# AGENDA

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Saturday, November 6th, 9:00 AM-4:00 PM

**9:00** **OPENING**

Judith Foster Thompson  
*Conference Host*

**WELCOME**

Dr. Donna Benton  
*Director*  
*USC Family Caregiver Support Center / LACRC*

**SUPPORT**

Our Team  
*USC Family Caregiver Support Center/ LACRC*

**INTERVIEW**

Leeza Gibbons  
*Founder and CEO*  
*Leeza's Care Connection*

SCAVENGER HUNT I

**MULTI-  
CULTURAL**

Family Caregiver Panel  
*Approaches to Caregiving*

**HOME SAFETY**

Kristy Huang  
*Manager, Asian & Asian-American Services*  
*Alzheimer's Los Angeles*

**HOME HEALTH**

Caring at Home  
*Equipment and Modifications*

SCAVENGER HUNT II



## 2021 C.A.L.M. CONFERENCE

# AGENDA

Saturday, November 6th, 9:00 AM-4:00 PM

12:00

**POLLING**

**LUNCH TIME**

*Live Caregiver Survey*

**CAREGIVER  
WELLNESS**

Chair Yoga, *WellMed Charitable Foundation*  
Walk & Strength Workout, *yes2next*  
Guided Meditation, *Danielle Williams*

SCAVENGER HUNT III

**HOSPICE**

Lisa Gaytan

*Director, Education & Community Relations  
Bristol Hospice*

**THANK YOU**

Dr. Donna Benton

*Director  
USC Family Caregiver Support Center / LACRC*

**CAREGIVERS**

Family Caregivers

*Slide Show of Our Family Caregivers*

4:00

**CLOSING**

Judith Foster Thompson

*Conference Host*

**USC Leonard Davis**  
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**LACRC**  
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# PROJECT REVEAL:

## The Courageous Caregiver in You

Meet Our Host:  
**Judith Foster  
Thompson**

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**Actor, Director,  
Comedian, and  
Writer**



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RSVP at: [tinyurl.com/21st-calm](https://tinyurl.com/21st-calm)

# PROJECT REVEAL:

## The Courageous Caregiver in You

Meet Our Experts:

**Leeza Gibbons**

**Dr. Donna Benton**



**Founder & CEO**  
**Leeza's Care Connection**



**Director, USC Family Caregiver**  
**Support Center/LACRC**

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## The Courageous Caregiver in You

Meet Our  
Safety Expert:  
**Kristy Huang**

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Manager,  
Asian and Asian  
American Services  
Alzheimer's Los Angeles



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# **PROJECT REVEAL:** The Courageous Caregiver in You

Meet Our Panelists:

## Multi-Cultural

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**Gary Brown**  
*Program Specialist*

**Michael Wong**  
*Entrepreneur*

**Veronica Sanchez Perez**  
*Community Outreach Manager*

## Modifications

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**Leon Watts**  
*Program Specialist*

**Alexander Gonzalez**  
*Program Specialist*

**Ralph Pascual**  
*Human Services Administrator*



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Meet Our Wellness Specialists:



**Walk and  
Strength Workout**

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*yes2next*

**Guided  
Meditation**

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*Danielle Williams*

**Chair Yoga**

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*WellMed  
Charitable Foundation*

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# PROJECT REVEAL:

## The Courageous Caregiver in You

Meet Our  
Hospice Expert:  
**Lisa Gaytan**

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**Director, Education  
and Community  
Relations  
Bristol Hospice**



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*To us, it's personal*



**L.A. Care**  
HEALTH PLAN®



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and the CA State Dept of Mental Health